

Today's the day to prepare for whatever tomorrow brings.



### Helpful tips for building your Financial Confidence Account

The confetti has fallen, and the champagne has been popped. 2023 is here. And so are new resolutions and new motivations for achieving personal goals. A new year presents an opportunity to evaluate every part of your life—from health and happiness to personal finances—and how they all work together.

As you kick-start 2023, take a moment to check out some of the Truist Momentum links below. In Pillar 1, we've compiled a ton of great resources, all designed to help you save for life's unexpected surprises, so you can achieve greater financial confidence and maybe even greater overall happiness.

#### Explore Pillar 1



#### Save for confidence.

If you'd like to build your safety net, now is the perfect time to make it a priority. We call it a Financial Confidence Account. It's cash in the bank specifically for expensive surprises like car repairs or vet bills.

[Watch the video](#)



#### Crunch the numbers.

Creating a Financial Confidence Account starts with knowing your living expenses. Fill out our simple form to calculate how much you'd need to cover three months of expenses in the event of an emergency.

[Calculate my expenses](#)



#### See what you should save.

We put together an easy-to-understand chart that clearly breaks down how much you should have in your Financial Confidence Account based on income.

[Check out the chart](#)



#### Don't wait for a storm.

Prepare for rainy days by growing your Financial Confidence Account.

[4-minute read](#)



#### Using "good stress" to improve finances

Listen in and learn from Valorie Burton as she discusses how self-reflection can help you achieve your financial goals.

[Listen to Episode 22](#)

Every month, we'll be here with videos, podcasts, activities, and more to help ensure that your finances are where you want them to be, all year long.

Truist Momentum is a free financial well-being tool for employees of

Your registration code:

Log in to Momentum




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